

| Variable | Mean | SD | Min | Max | Skewness | Kurtosis | Normality |
|------------------------|------|------|-----|------|----------|----------|-----------|
| Age | 34.5 | 10.5 | 20 | 65 | 0.1 | 3.0 | 0.95 |
| Gender | 0.5 | 0.5 | 0 | 1 | 0.0 | 3.0 | 0.95 |
| Marital Status | 0.5 | 0.5 | 0 | 1 | 0.0 | 3.0 | 0.95 |
| Education | 12.5 | 2.5 | 9 | 16 | 0.1 | 3.0 | 0.95 |
| Income | 1500 | 500 | 500 | 3000 | 0.1 | 3.0 | 0.95 |
| Occupation | 1.5 | 1.5 | 1 | 5 | 0.1 | 3.0 | 0.95 |
| Health Status | 0.5 | 0.5 | 0 | 1 | 0.0 | 3.0 | 0.95 |
| Stress Level | 3.5 | 1.5 | 1 | 5 | 0.1 | 3.0 | 0.95 |
| Life Satisfaction | 4.5 | 1.5 | 1 | 7 | 0.1 | 3.0 | 0.95 |
| Resilience | 5.5 | 1.5 | 1 | 7 | 0.1 | 3.0 | 0.95 |
| Optimism | 6.5 | 1.5 | 1 | 7 | 0.1 | 3.0 | 0.95 |
| Emotional Stability | 5.5 | 1.5 | 1 | 7 | 0.1 | 3.0 | 0.95 |
| Self-Esteem | 6.5 | 1.5 | 1 | 7 | 0.1 | 3.0 | 0.95 |
| Life Purpose | 5.5 | 1.5 | 1 | 7 | 0.1 | 3.0 | 0.95 |
| Meaning in Life | 5.5 | 1.5 | 1 | 7 | 0.1 | 3.0 | 0.95 |
| Existential Well-being | 5.5 | 1.5 | 1 | 7 | 0.1 | 3.0 | 0.95 |
| Overall Well-being | 5.5 | 1.5 | 1 | 7 | 0.1 | 3.0 | 0.95 |

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